

# Verna Larkins All-Women's Open Judo Championship

Saturday, August 14, 2010

**Hosted by Colorado Judo League**

Held under the sanction of Colorado Judo League; Sanction # CJL-TBD

Tournament Director: Heidi Moore

**Location:** Northglenn Recreation Center  
11801 Community Center Drive  
Northglenn, CO

**Registration** ***YOU MAY REGISTER ON-LINE:*** <http://coloradojudo.org/eventReg.html>

**And Weigh-In:** All Athletes **MUST** appear in person to weigh-in. **NO PHONE IN WEIGHTS WILL BE ACCEPTED!!**

Thursday, August 12, 2010, 6:30 – 8:30pm at the tournament site

Friday, August 13, 2010, 6:30 – 8:00pm at the tournament site

Saturday, August 14, 2010, 7:30 – 8:30am at the tournament site

\*Registration will end promptly at 8:30am.\*

At the US Olympic Training Center in Colorado Springs:

**Weigh-in Only! PRE-REGISTERED ATHLETES ONLY!**

**There will be NO REGISTRATION AT THE OTC!**

Thursday, August 12, 2010. 6:30 – 7:30pm

**Entry Fees:** Entry fee by mail postmarked August 6, 2010 or earlier is **\$35.00** for the first division and **\$15.00** any additional divisions.  
Entries submitted after August 6, 2010 will be **\$45.00** for the first division and **\$20.00** for any additional divisions.  
A separate entry form and entry fee is required for each division entered. Please do not mail anything after August 6, 2010!

## **Make Checks Payable to Colorado Judo League**

Mail completed entry forms and fees to:

Heidi Moore

3367 S. Pearl St.

Englewood, CO 80113

Questions? Contact Heidi Moore at (303) 591-9563 or judoheidi@comcast.net

**Hotel:** Ramada Plaza Denver North  
10 East 120th Avenue  
I-25 at Exit 223  
Northglenn, CO 80233 US  
Phone: 303-452-4100

**Eligibility:** Open competition. Female contestants from all states are welcome. All contestants must be currently registered and insured with one of the following national organizations: USA Judo (NGB, USJI), USJF, or USJA (Only USA Judo Membership will be available at the tournament site during registration.) See below for age/weight eligibility.

**Insurance:** For insurance liability purposes, contestants must provide proof of current registration **and insurance** with one of the above listed national organizations. If the registration card is lost, Colorado Judo League can only verify USA Judo (USJI) **registration locally**.

**Awards:** Medals for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners in all divisions.

**Rules and** Current IJF rules as modified below for local competition will be in effect.

**Methods of** 1. If a modified safety area size around the competition area is used, 1994 IJF rules with  
**Elimination:** regard to boundaries will be use.  
2. Pre-2004 rules regarding medical attention will be used.  
3. Match times: Seniors – 5 minutes, Juniors and Masters – 3 minutes  
4. Juniors 12 and under: Chokes and Armlocks NOT allowed. 13-16: Armlocks NOT allowed.  
5. Senior Novice Category: Armlocks NOT allowed.  
The following elimination system will be used:  
1. More than 5 competitors: Modified double elimination  
2. 5 or fewer competitors: Round Robin elimination

**Roll Call:** Junior Categories: 9:30am  
Senior and Masters Categories: not before 12:00pm

**Categories:** Senior Divisions: Open to female competitors who are at least 17 years old. Competitors who are 15-16 years old and sankyu or higher may enter the senior divisions.  
Senior Novice Divisions: Open to female competitors who are 17 years and older who are below Brown Belt (Sankyu).  
Senior Open Division: The open division is open to all female senior competitors. Registration will be available the day of competition as well as in advance.  
Masters Divisions: Open female competitors who are 30 years and older.  
Junior Girls Divisions: Female athletes ages 5 – 16 years may enter the junior category.  
Junior Novice Divisions: Female athletes ages 5 – 16 years and who are **WHITE or YELLOW BELTS ONLY** may enter the junior novice divisions.

**Competitors may enter multiple divisions by completing multiple entry forms and submitting additional entry fees. YOU MAY REGISTER ON-LINE: <http://coloradojudo.org/eventReq.html>**

**Judogi:** The use of blue judogi is optional. All competitors MUST have a white judogi. Competitors called to the “white” side MUST wear white, and will not be allowed to compete in a blue judogi.

**Weights:** Novice Divisions will be determined after weigh-in based on the number of participants. We will endeavor to use the weights listed below as much as possible.

DIVISION	AGE	WEIGHT	WEIGHT	WEIGHT	WEIGHT	WEIGHT	WEIGHT	WEIGHT
Junior Girls	5&6	-42lbs	-51lbs	-62lbs	+62lbs			
	7&8	-55lbs	-68lbs	-77lbs	+77lbs			
	9 & 10	-66lbs	-75lbs	-84lbs	-95lbs	+95lbs		
	11 & 12	-75lbs	-84lbs	-97lbs	-108lbs	+108lbs		
Teen Girls	13 – 16	-99lbs	-110lbs	-121lbs	-132lbs	-148lbs	+148lbs	
Senior		-106lbs	-114lbs	-125lbs	-139lbs	-154lbs	-172lbs	Open
Masters		-106lbs	-114lbs	-125lbs	-139lbs	-154lbs	-172lbs	+172lbs

**NOTE:** For the Teen categories, an attempt will be made to keep contestants ages 13-14 years, and 15-16 years separated, *if possible*.

All age/weight categories may be modified depending on the weight range of the contestants entered and after considering fairness and safety of the competitors. Coaches, competitors, and/or parents will be advised if any published weight category is changed.

**Any situation not covered by the above will be decided by the tournament director after considering the safety of, and fairness to, all contestants. Decisions by the tournament director are final!**

# Verna Larkins Colorado All-Women's Open

## Judo Championship

### Entry Form

<b>Late registration and weigh in:</b> Friday, August 13, 2010 6:30-8:00pm at the tournament site  Saturday, August 14, 2010 7:30 – 8:30am at the tournament site	<b>Weigh in for Pre-registered Competitors Only</b> (At the US OTC in Colorado Springs)  Thursday, August 12, 2010 6:30 – 7:30pm	<b>Roll call:</b> Juniors: 9:30am Seniors and Masters: Not before 12:00pm	
Category (check one): <input type="checkbox"/> Junior Advanced  <input type="checkbox"/> Junior Novice	<input type="checkbox"/> Senior Advanced  <input type="checkbox"/> Senior Novice	<input type="checkbox"/> Masters	Age: _____
First Name			
Last Name			
Street Address			
City, State Zip			
Phone Number		Email Address	
Date of Birth		Belt Rank (below sankyu, enter color)	
Judo Club			
USA Judo, USJF, USJA (Circle one)	Membership #		Expiration Date

**On-line entry closes at midnight, August 12, 2010 – <http://coloradojudo.org/eventReg.html>**

**Entry fee by mail postmarked August 6, 2010 or earlier is \$35.00 for the first division and \$15.00 any additional divisions.  
 Entries submitted after August 6, 2010 will be \$45.00 for the first division and \$20.00 for any additional divisions.**

**MAKE CHECKS PAYABLE TO: Colorado Judo League**

**SUBMIT A SEPARATE ENTRY FORM AND FEE FOR EACH DIVISION THAT YOU ENTER.**

MAIL TO: Heidi Moore, 3367 S. Pearl St. Englewood, CO 80113  
 For questions call Heidi Moore at (303) 591-9563 or [judoheidi@comcast.net](mailto:judoheidi@comcast.net)

ALL CONTESTANTS (AND PARENT OR GUARDIAN IF CONTESTANT IS UNDER 18 YEARS OF AGE) MUST COMPLETE AND SIGN THE WARNING WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE.

For Official Use Only

Insurance Verified	Entry Fee Paid	Official Weight	Age	Category

**WARNING!**

**WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE**

In consideration of being permitted to participate in any way, including travel to and from, the 2010 Verna Larkins All Women's Open Judo Championships and related events and activities of United States Judo, Inc., United States Judo Federation, United States Judo Association, Colorado Judo League, Denver Dojo Inc DBA Denver Judo, the Northglenn Recreation Center and the City of Northglenn, I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that prior to participating, I will inspect mats, equipment, facilities, competition pools or divisions and the elimination scoring systems to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or tournament official of such conditions and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and sever social and economic losses due to not only my own actions, inaction, or negligence, but also to the actions, inactions, or negligence of others, the rules for the sports of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability, or death.
5. Release, waive, discharge and covenant not to sue the United States Judo, Inc., United States Judo Federation, United States Judo Association, Colorado Judo League, Denver Dojo Inc DBA Denver Judo, the Northglenn Recreation Center and the City of Northglenn, together with their affiliated clubs, their respective administrators, directors, agents, coaches and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used to conduct the event, all of whom are hereafter referred to as "releasee", from any and all claims, demands, losses, or damages on account of injury, including permanent disability or death and damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise to the fullest extent permitted by law.

**I HAVE READ THE ABOVE WARNING, WAIVER AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISK AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARNET/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.**

Participate (please print name)	Participant's Signature	Date

**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE  
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as the parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liability incident to my minor child's involvement or participation in these programs as provided above even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Parent/Guardian (Please print name)	Parent/Guardian's Signature	Date